

# One Membership. Thousands of Ways to Stay Active and Save Money.

 **12,200+ Gyms**

 **9,700+ On-Demand Videos**

 **Enroll Your Spouse<sup>2</sup>**

**No annual fees or long-term contracts.  
Switch gyms anytime.**



**Plus: 5,800+ Premium Gym Options at exercise studios, outdoor experiences, and others with 20% – 70% discounts at most locations<sup>3</sup>**



**STANDARD FITNESS MEMBERSHIP**  
**\$28/mo<sup>1</sup>**  
12,200+ FITNESS CENTERS  
9,700+ WORKOUT VIDEOS  
**Active&Fit**  
DIRECT™

**Get Started:** [kp.org/choosehealthy](https://kp.org/choosehealthy)

<sup>1</sup> Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

<sup>2</sup> Monthly fees are subject to applicable taxes.

<sup>3</sup> Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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